BADMINTON STUDY SHEET

HISTORY OF BADMINTON

In 1873, the Duke of Beaufort gave a house party at badminton, his country estate. A severe storm forced the guests to remain indoors. Among them were some British Army Officers home from India. They soon started discussing Poona, a native Indian game centuries old. To illustrate the game, the officers took a cork, stuck one end of it full of feathers, and began to bat it back and forth across the table with tennis rackets. This was the birth of Badminton, which took its name from the duke's country home.

RULES OF BADMINTON

SCORING: The serving side only can score points.

SERVING DOUBLES:

- 1. To start the game, the serve is always made from the right hand court.
- 2. The serve is always made into the diagonally opposite court.
- 3. If the point is made, change to the other court and continue serving.
- 4. A birdie that lands on a line is good.
- 5. At the beginning of a set, the player on the right side serves first. If he loses the point, the side is out. After that, each player on each team gets to serve.

SERVING RULES FOR PLAYING IN PE CLASS:

- 1. Due to class size, students will be on a 3-member team rotation.
- 2. After the serving team loses the point, the server will rotate out of the game. His partner will move over to the vacated court. The person waiting will enter the game in the other court. The opposite team will now serve to the team that just rotated.
- 3. If the serving teams' score is even, the serve will be made from the right service court. If the score is odd, the serve will be made from the left service court.
- 4. If the server fails to hit the birdie, he can try again.
- 5. The server loses the serve if:
 - a. The birdie falls short of the service line
 - b. The birdie lands over the back line or outside the sidelines.
- 6. If the receiver accepts the serve, the birdie is in play.
- 7. If the serve hits the net and continues into the correct court, it is in play.
- 8. It is a fault to fake a serve.

SERVING SINGLES

- 1. The serve starts in the right-hand court. If the point is scored, both players move across to their left courts. If no point is made, both players stay in the right courts for the opponent's serve.
- 2. All of the above rules apply to Singles except the PE rotation rule.